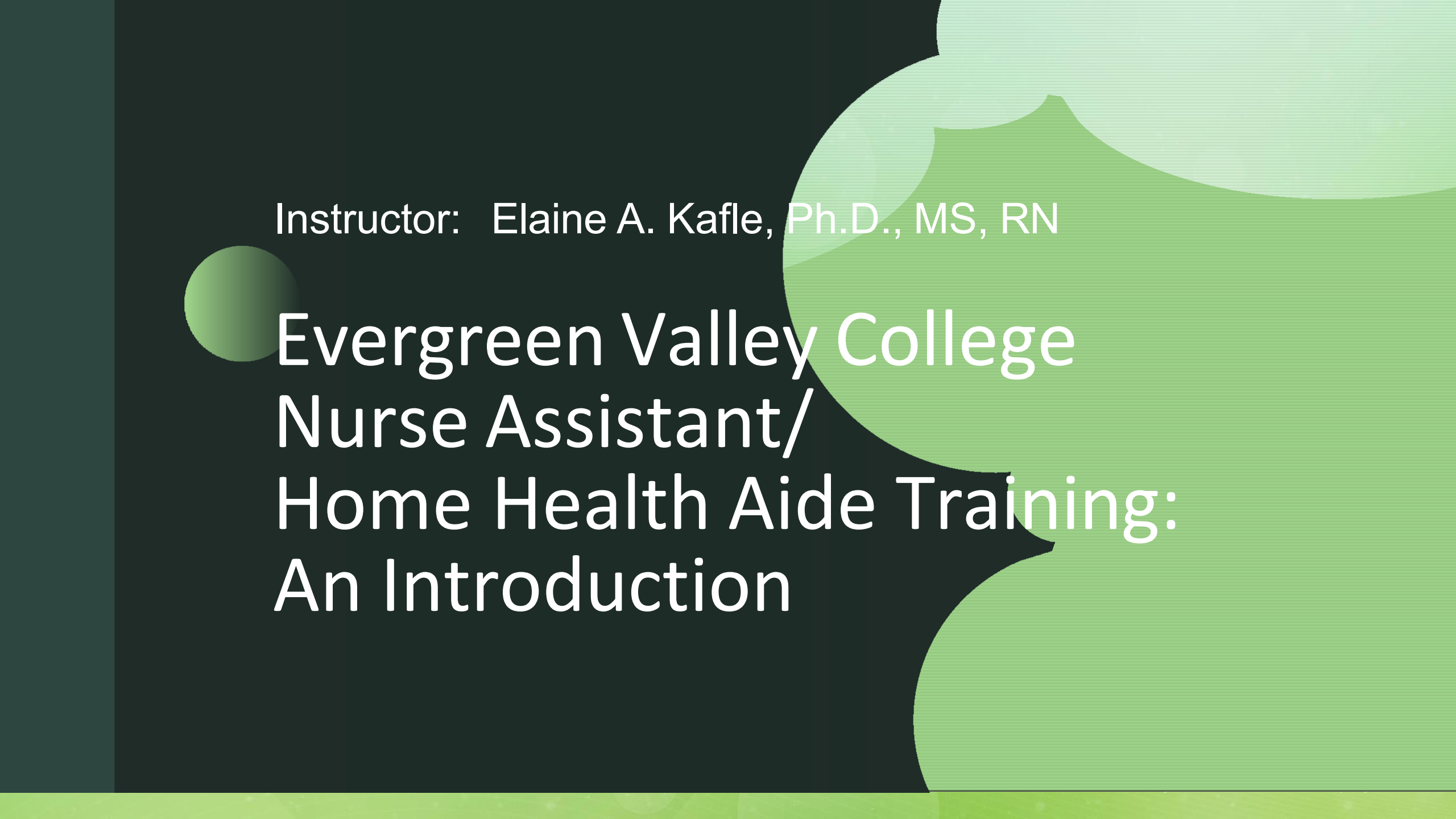




Instructor: Elaine A. Kafle, Ph.D., MS, RN

Evergreen Valley College
Nurse Assistant/
Home Health Aide Training:
An Introduction

Overview

- Course is an introduction to nursing skills and care at the nurse assistant level
- We also have a home health aide (HHA) component that follows (40 hours of training)
- Curriculum: Focus is on long-term care/seniors
- Bonus: We usually have grant funding each year

(photo source: [Flicker](#))



Overview (cont.)

- Goal after successful (70% “C” or better) passing of course: passing the state certification exam and getting a job as a CNA!
- Requirements commitment to do the readings, study, and be attentive!
- After the initial apprehension in clinical for some people, it should be FUN! I believe learning should be fun!
- Course is also a great foundation if you are considering going into nursing

Requirements

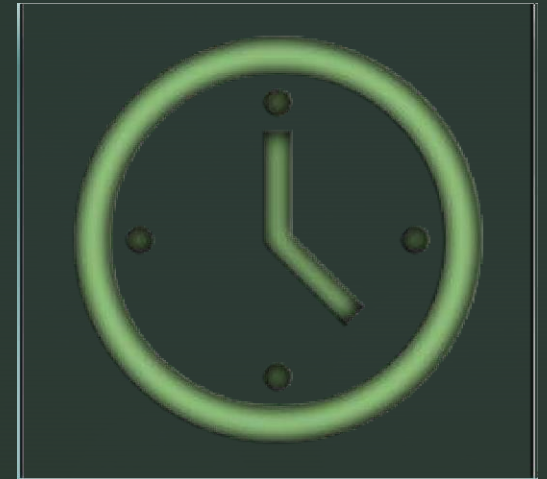
- At least 16 years old; high school diploma or GED
- VALID social security number or Tax ID under the Dream Act
- Background check (expungement papers for any prior cleared convictions other than a DUI are required)
- Once enrolled: Health clearance: physical exam, TB clearance, flu shot. Must be able to communicate clearly in English
- CPR is not required, but recommended as part of your lifelong learning

Also required

- Students are not allowed to have fake/long nails, nail polish other than clear or very light colors, gel polish or gel overlay, acrylic overlay, unnatural hair coloring (blue, pink, purple, green, etc.), visible tattoos, facial jewelry → at clinical
- Supplies: watch with a second hand, black ink pen, clipboard for skills checklist
- Highly recommended: Access to internet for viewing of state exam preparation videos
- Optional: A printer for printing PowerPoint slides/notes

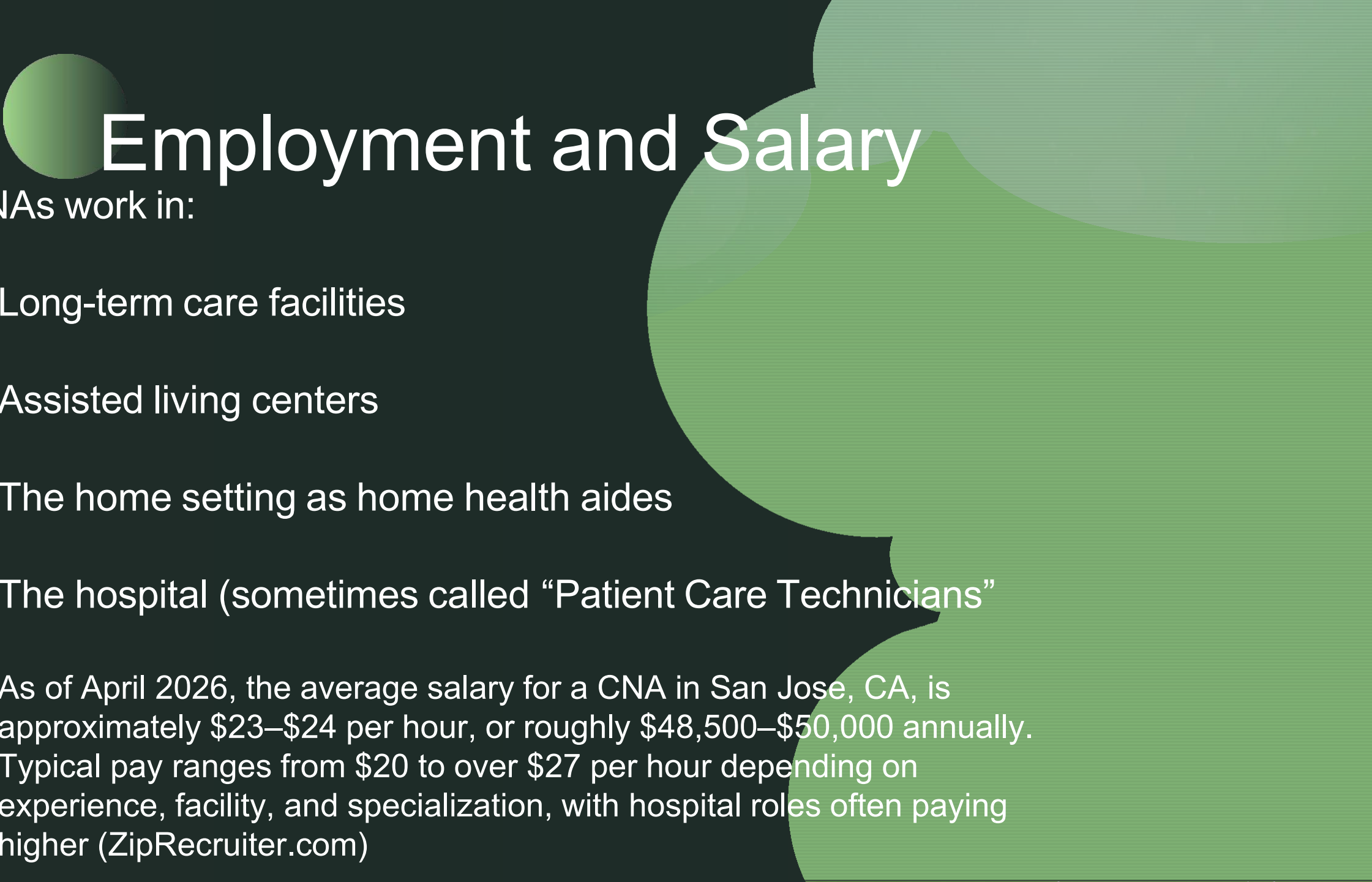
Attendance: Typical Semester Schedule

- Class attendance is required in order to meet state regulatory requirements
- Please arrange your appointments outside of class time
- Typical schedule:
Lecture every Thursday for 4.5 hours
- Skills labs (approx. 3.25 hrs) on some Mondays or Fridays (about 5 total)
- Clinical Tuesday or Wednesdays, depending on your clinical section, plus 1-2 Fridays
- Class is 61.5 hrs. lecture and 100 hrs. clinical for CNA training; 20 hrs. lecture and 20 hrs. clinical for HHA training



What does a CNA do?

- Assisting with hygiene & grooming (dressing, bathing, showering, oral care, nail care, feeding, etc.
- Toileting and changing of incontinent undergarments
- Taking vital signs
- Bedmaking
- Assisting with ambulation, positioning, transferring
- Effective communication with clients, family members, health care team



Employment and Salary

CNAs work in:

- Long-term care facilities
- Assisted living centers
- The home setting as home health aides
- The hospital (sometimes called “Patient Care Technicians”)
- As of April 2026, the average salary for a CNA in San Jose, CA, is approximately \$23–\$24 per hour, or roughly \$48,500–\$50,000 annually. Typical pay ranges from \$20 to over \$27 per hour depending on experience, facility, and specialization, with hospital roles often paying higher (ZipRecruiter.com)

State Certification Exam



Consists of a written exam and skills evaluation



Testing is based on your preference and on dates available. Closest Location: Nurse Builders Academy, Santa Clara



Non-refundable fee of \$120
(may be covered by grant 😊)



We have excellent
pass rates 😊

Evergreen is going green!

- Almost everything (PowerPoints, syllabus, policies, etc.) can be obtained from “Canvas.”
- Click on the Student Portal on the website home page to access your Canvas account. Follow instructions to create an account.

Clinical Affiliation

- Lincoln Glen Manor: 2671 Plummer Avenue, San Jose, CA 95125. **Use the following address to MapQuest the location: 2835 Booksin Avenue** (this will take you to the correct parking lot)
- You should see a sign right at the parking lot entrance that says, “Lincoln Glen Skilled Nursing”
- Park in the back rows

Expected Expenses (prices subject to change if needed)

- Health exam/2-step TB skin test: You may see your own healthcare provider or call the Student Health Center at 408-270-6480 to schedule your physical exam/TB skin testing.
- Physical exam: \$25, cash only- complete the Medical History Review form prior
- TB skin tests: \$7, cash only- need to complete the TB pre-screening prior. Typically done on MONDAYS, read on WEDNESDAYS
- Chest X-ray, only if indicated: ~\$50 at Just Xrays
- Required forms will be available during the mandatory orientation & fingerprinting or emailed for those who wish to complete requirement prior to the start of the semester



Expected Expenses (*may be covered by grant funding*)

- Uniform: Allowance given to cover at least one top and bottom
- Uniform sleeve patch- included as part of the uniform
- Textbook for the traditional on-campus program, with concurrent theory/clinical concurrent: Hartman's Nursing Assistant Care: Long- term & Home Care, latest edition.



Expected Expenses (cont.)- *may be covered by grant* (except clinical party)

- Certification Exam fee: \$120
- End-of-Semester clinical gift to thank the clinical site for hosting us: Each section will each decide. Gift baskets with snacks? Chocolates per station? Pizza party? Etc.

Questions? Email Elaine.Kafle@evc.edu



Fall 2018 Section 202 "Super Scrubs"

